

Items to be included in a first aid kit for horses:

Paperwork: Current Coggins, important phone numbers, signed

permission forms to allow for treatment of horse in absence

of owner

Flashlight, extra batteries Stethoscope

Digital Thermometer Twitch with lip chain

Scissors Towels

Latex gloves Flushing syringe

Hoof pick, hoof knife, hoof testers Nail pullers

Epsom salts Soaking tub

Diapers Duct tape

Surgical scrub preparation Hydrogen peroxide

Triple antibiotic eye ointment (no Dexamethasone or prednisone)

Medications:

Electrolytes Antiseptic ointment (Neosporin)

Phenlybutazone (bute) Flunixin (generic Banamine)

Antiseptic solution (Betadine)

Bandage materials:

Sheet cotton No-Bow bandages

Track bandages Roll gauze

Adhesive tape Roll cotton

Vet Wrap Wound dressings

(gauze sponges, Telfa pads)



Normal and abnormal ("red alert") physical parameters for the horse

<u>Parameter</u> Demeanor	Normal Bright, alert, responsive	Red Alert Lethargic, recumbent, failure to nurse in foals
Rectal temp.	98.0 - 100.9°F (up to 101.9°F in foals)	>102°F
Heart rate	32 - 48 beats/min (60 - 80 beats/min in foals)	>60 beats/min
Respiratory rate	8 - 12 breaths/min (higher in foals)	Rapid and/or labored breathing
Mucous membrane	Pink and moist	Dark, purple, bright yellow, white
Capillary refill	<2 seconds	>3 seconds
Skin turgor	<2 seconds	Prolonged tenting
Digital pulses	Present	Bounding
Intestinal sounds	Present at both sides of abdomen	Absent
Urine color	Yellow, cloudy	Dark brown
Appetite	Enthusiastic	Absent

^{***}turn over for emergency kit recommendations***